

Chiropractic Treatment (Vicki & Leon)

Initial consultation & treatment (60 mins)	£75.00
Under 18 & Students	£70.00
Follow on treatment (20 mins)	£50.00
Under 18 & Students	£45.00
Over 2 years since last appt. (40 mins)	£65.00
Under 18 & Students	£60.00
Over 5 years since last appt. (60 mins)	£75.00
Under 18 & Students	£70.00
Chiro check - 1 session per patient (20 mins)	No charge

Osteopathy Treatment (Ian)

Initial consultation & treatment (60 mins)	£70.00
Follow on treatment (40 mins)	£55.00

Sports / Deep Tissue Massage Therapy (Tom & Emilia)

Initial Consultation and Treatment (1 Hour)	£55.00
Follow on Treatments (1 Hour)	£55.00

Sport & Exercise Nutrition (Tom)

Nutrition Consultation	£55.00
Performance Package	£100.00
Body Composition Analysis	£35.00

Acupuncture (Gillie)

Initial consultation (inc. treatment)	£60.00
Follow on treatment	£55.00

Reflexology (Kate)

1 Hour session	£60.00
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Psychotherapy & Hypnotherapy (Debbie)

1 Hour session	£65.00
Couples	£80.00

Counselling (Janice)

1 Hour session (over 18 only)	£55.00
Couples	£75.00

PLEASE NOTE THAT WE KINDLY ASK ALL NEW PATIENTS TO PAY FOR THEIR FIRST APPOINTMENT ON BOOKING – THIS IS FULLY REFUNDABLE WITH A MINIMUM OF 24 HOURS NOTICE